



SCHEDULE - ALL DAYS

Sat, 29 Nov 2025



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
001	Int Men - W1 500 (Quota 7)	Heat A	1 / 2	8:30 am
002	Int Men - W1 500 (Quota 7)	Heat A	2 / 2	8:35 am See Race 009
003	Int Women - W1 500 (Quota 7)	Heat A	1 / 6	8:40 am
004	Int Women - W1 500 (Quota 7)	Heat A	2 / 6	8:45 am
005	Int Women - W1 500 (Quota 7)	Heat A	3 / 6	8:50 am
006	Int Women - W1 500 (Quota 7)	Heat A	4 / 6	8:55 am
007	Int Women - W1 500 (Quota 7)	Heat A	5 / 6	9:00 am
008	Int Women - W1 500 (Quota 7)	Heat A	6 / 6	9:05 am See Race 011
009	Int Men - W1 500 (Quota 7)	Heat B	1 / 2	9:10 am
010	Int Men - W1 500 (Quota 7)	Heat B	2 / 2	9:15 am
011	Int Women - W1 500 (Quota 7)	Heat B	1 / 6	9:20 am
012	Int Women - W1 500 (Quota 7)	Heat B	2 / 6	9:25 am
013	Int Women - W1 500 (Quota 7)	Heat B	3 / 6	9:30 am
014	Int Women - W1 500 (Quota 7)	Heat B	4 / 6	9:35 am
015	Int Women - W1 500 (Quota 7)	Heat B	5 / 6	9:40 am
016	Int Women - W1 500 (Quota 7)	Heat B	6 / 6	9:45 am
017	J16 Men - W1 500 (Quota 5)	Heat A	1 / 2	9:50 am
018	J16 Men - W1 500 (Quota 5)	Heat A	2 / 2	9:55 am See Race 028
019	J16 Women - W1 500 (Quota 10)	Heat A	1 / 9	10:00 am
020	J16 Women - W1 500 (Quota 10)	Heat A	2 / 9	10:05 am
021	J16 Women - W1 500 (Quota 10)	Heat A	3 / 9	10:10 am
022	J16 Women - W1 500 (Quota 10)	Heat A	4 / 9	10:15 am
023	J16 Women - W1 500 (Quota 10)	Heat A	5 / 9	10:20 am
024	J16 Women - W1 500 (Quota 10)	Heat A	6 / 9	10:25 am
025	J16 Women - W1 500 (Quota 10)	Heat A	7 / 9	10:30 am
026	J16 Women - W1 500 (Quota 10)	Heat A	8 / 9	10:35 am
027	J16 Women - W1 500 (Quota 10)	Heat A	9 / 9	10:40 am See Race 030
028	J16 Men - W1 500 (Quota 5)	Heat B	1 / 2	10:45 am
029	J16 Men - W1 500 (Quota 5)	Heat B	2 / 2	10:50 am
030	J16 Women - W1 500 (Quota 10)	Heat B	1 / 9	10:55 am
031	J16 Women - W1 500 (Quota 10)	Heat B	2 / 9	11:00 am
032	J16 Women - W1 500 (Quota 10)	Heat B	3 / 9	11:05 am
033	J16 Women - W1 500 (Quota 10)	Heat B	4 / 9	11:10 am
034	J16 Women - W1 500 (Quota 10)	Heat B	5 / 9	11:15 am
035	J16 Women - W1 500 (Quota 10)	Heat B	6 / 9	11:20 am
036	J16 Women - W1 500 (Quota 10)	Heat B	7 / 9	11:25 am
037	J16 Women - W1 500 (Quota 10)	Heat B	8 / 9	11:30 am
038	J16 Women - W1 500 (Quota 10)	Heat B	9 / 9	11:35 am
039	J19 Men - W1 500 (Quota 6)	Heat A	1 / 4	11:40 am
040	J19 Men - W1 500 (Quota 6)	Heat A	2 / 4	11:45 am
041	J19 Men - W1 500 (Quota 6)	Heat A	3 / 4	11:50 am
042	J19 Men - W1 500 (Quota 6)	Heat A	4 / 4	11:55 am See Race 047
043	J19 Women - W1 500 (Quota 8)	Heat A	1 / 2	12:00 pm
044	J19 Women - W1 500 (Quota 8)	Heat A	2 / 2	12:05 pm See Race 051



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RACE	EVENT	ROUND		EST. START	PROGRESSIONS
045	Gld Master Women - W1 500 (Quota 6)	Heat A	1 / 2	12:10 pm	
046	Gld Master Women - W1 500 (Quota 6)	Heat A	2 / 2	12:15 pm	See Race 053
047	J19 Men - W1 500 (Quota 6)	Heat B	1 / 4	12:20 pm	
048	J19 Men - W1 500 (Quota 6)	Heat B	2 / 4	12:25 pm	
049	J19 Men - W1 500 (Quota 6)	Heat B	3 / 4	12:30 pm	
050	J19 Men - W1 500 (Quota 6)	Heat B	4 / 4	12:35 pm	
051	J19 Women - W1 500 (Quota 8)	Heat B	1 / 2	12:40 pm	
052	J19 Women - W1 500 (Quota 8)	Heat B	2 / 2	12:45 pm	
053	Gld Master Women - W1 500 (Quota 6)	Heat B	1 / 2	12:50 pm	
054	Gld Master Women - W1 500 (Quota 6)	Heat B	2 / 2	12:55 pm	
Lunch Break					
055	Open Men - W1 500 (Quota 4)	Heat A	1 / 2	1:20 pm	
056	Open Men - W1 500 (Quota 4)	Heat A	2 / 2	1:25 pm	See Race 065
057	Open Women - W1 500 (Quota 9)	Heat A	1 / 2	1:30 pm	
058	Open Women - W1 500 (Quota 9)	Heat A	2 / 2	1:35 pm	See Race 067
059	Master Women - W1 500 (Quota 7)	Heat A	1 / 2	1:40 pm	
060	Master Women - W1 500 (Quota 7)	Heat A	2 / 2	1:45 pm	See Race 069
061	Snr Master Men - W1 500 (Quota 5)	Heat A	1 / 2	1:50 pm	
062	Snr Master Men - W1 500 (Quota 5)	Heat A	2 / 2	1:55 pm	See Race 071
063	Snr Master Women - W1 500 (Quota 6)	Heat A	1 / 2	2:00 pm	
064	Snr Master Women - W1 500 (Quota 6)	Heat A	2 / 2	2:05 pm	See Race 073
065	Open Men - W1 500 (Quota 4)	Heat B	1 / 2	2:10 pm	
066	Open Men - W1 500 (Quota 4)	Heat B	2 / 2	2:15 pm	
067	Open Women - W1 500 (Quota 9)	Heat B	1 / 2	2:20 pm	
068	Open Women - W1 500 (Quota 9)	Heat B	2 / 2	2:25 pm	
069	Master Women - W1 500 (Quota 7)	Heat B	1 / 2	2:30 pm	
070	Master Women - W1 500 (Quota 7)	Heat B	2 / 2	2:35 pm	
071	Snr Master Men - W1 500 (Quota 5)	Heat B	1 / 2	2:40 pm	
072	Snr Master Men - W1 500 (Quota 5)	Heat B	2 / 2	2:45 pm	
073	Snr Master Women - W1 500 (Quota 6)	Heat B	1 / 2	2:50 pm	
074	Snr Master Women - W1 500 (Quota 6)	Heat B	2 / 2	2:55 pm	
075	J19 Women Dash - W1 250 (Quota 2)	Heat	1 / 4	3:00 pm	
076	J19 Women Dash - W1 250 (Quota 2)	Heat	2 / 4	3:05 pm	
077	J19 Women Dash - W1 250 (Quota 2)	Heat	3 / 4	3:10 pm	
078	J19 Women Dash - W1 250 (Quota 2)	Heat	4 / 4	3:15 pm	See Race 087
079	J19 Men Dash - W1 250 (Quota 2)	Heat	1 / 3	3:20 pm	
080	J19 Men Dash - W1 250 (Quota 2)	Heat	2 / 3	3:25 pm	
081	J19 Men Dash - W1 250 (Quota 2)	Heat	3 / 3	3:30 pm	See Race 089
082	Premier Men Dash - W1 250 (Quota 2)	Heat	1 / 2	3:35 pm	
083	Premier Men Dash - W1 250 (Quota 2)	Heat	2 / 2	3:40 pm	See Race 090
084	Premier Women Dash - W1 250 (Quota 2)	Heat	1 / 3	3:45 pm	
085	Premier Women Dash - W1 250 (Quota 2)	Heat	2 / 3	3:50 pm	
086	Premier Women Dash - W1 250 (Quota 2)	Heat	3 / 3	3:55 pm	See Race 091
087	J19 Women Dash - W1 250 (Quota 2)	Semi	1 / 2	4:00 pm	



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RACE	EVENT	ROUND	EST. START	PROGRESSIONS	
088	J19 Women Dash - W1 250 (Quota 2)	Semi	2 / 2	4:05 pm	See Race 092
089	J19 Men Dash - W1 250 (Quota 2)	Final		4:10 pm	
090	Premier Men Dash - W1 250 (Quota 2)	Final		4:15 pm	
091	Premier Women Dash - W1 250 (Quota 2)	Final		4:20 pm	
092	J19 Women Dash - W1 250 (Quota 2)	Final		4:25 pm	